

# medi for help – annual report 2021

[www.medi-for-help.com/en](http://www.medi-for-help.com/en)





## Give a smile

### **medi for help is expanding its commitment**

The corona pandemic, political unrest and a natural disaster made it impossible to visit our projects on site in 2021. Nevertheless, we are looking to the future in a targeted manner: We are expanding our commitment with a second project and a new focus. Here, too, the aim is to give more hope to as many socially disadvantaged people as possible without access to medical care and to improve their quality of life.



# Developments 2021

## Therapy focus: from prosthetics to lymphology

medi for help is built on the core competencies of the medical aids manufacturer medi: practical and scientific experience, a strong network and a comprehensive product portfolio.

The initial focus of prosthetic care has already shifted in recent years to support in lymphology, a field in which we continuously saw the need - this was also our treatment competence in 2021.

In addition to the therapy of lymphatic diseases due to organic causes, the focus is on the treatment of "lymphatic filariasis". We also treat patients with orthopedic diseases.



Treatment of a patient with lymphatic filariasis at the Hôpital Sainte Croix (HSC) in Léogâne (Haiti)

# Developments 2021

## New project with the IAD in India - Insights

The non-profit research center Institute of Applied Dermatology (IAD) focuses on the therapy of lymphatic diseases, in particular on the treatment of the neglected, poverty-related tropical disease "lymphatic filariasis", a disease of the lymphatic system caused by parasites.<sup>1</sup>



<sup>1</sup> <https://dntds.de/what-are-ntds.html>, (Last access: 15.03.2022)



# Developments 2021

## New project with the IAD in India - Insights

Around 250 patients are treated annually at the IAD, 30 percent of them are emergency patients.

**Therapy:** The integrative, holistic treatment approach combines bandaging, yoga and Ayurveda. Also, self-management workshops with patients from villages across India are offered by the IAD.

**What is special:** 75% of paying patients enable socially disadvantaged patients who cannot afford treatment themselves to be treated free of charge.



oil-massages



skin care



yoga



compression



# Developments 2021

## New project with the IAD in India - first steps together

The IAD was also hit hard by the corona pandemic – a serious economic losses was one of the consequences. Through e.g. the closure of the clinic on weekends, wages were lost for the highly qualified employees.

medi for help – together with individual donors – provided financial support and was able to secure the employees' monthly salary payments. This had a positive effect on the care: In 2021, 85 patients could be treated free of charge in the IAD.



Treatment of patients with lymphatic filariasis with medi products at the Institute of Applied Dermatology (IAD) in Kerala



# Developments 2021

## New project with the IAD in India - first steps together

In the summer of 2021, indication-specific compression systems from medi were sent to Kasaragod (India) for the treatment of lymphatic diseases.

"Our principle of 'helping people to help themselves' also includes support from our many years of specialist expertise. As the application of the specific compression products must be learned, we usually have trained the medical staff on site for optimal patient care. Due to the pandemic, the training took place digitally in online training courses over several days. We were still able to explain how to use the compression products step by step," says Christopher Miles, Director Clinical Education, medi USA.



Due to the current corona pandemic, the product training took place exclusively digitally. The training, which lasted several days, was provided by the medi subsidiary in the USA.



# Developments 2021

## Cooperation with the Hôpital Albert Schweitzer (HAS) in Haiti: current situation

In addition to the ongoing political unrest and the assassination of the President in early July 2021, Haiti continues to struggle with severe natural disasters. In August 2021, a 7.2 magnitude earthquake struck the south-west of the country, killing over 2,200 people, seriously injuring more than 12,600 Haitians and leaving thousands homeless.



Reception of the HAS relief team in the earthquake area, August 2021



# Developments 2021

## Cooperation with the HAS in Haiti: current situation

The situation in Haiti is getting worse: over 800 kidnappings and more than 50 percent of the capital Port-au-Prince are under the control of armed gangs. The areas around the ports are also affected, which means that deliveries are no longer possible. For example, tank trucks could not drive to the areas, with the result that gas stations had to be closed and mobility was restricted as a result. The political unrest has an impact on all social life: schools, shops and hospitals also closed.





# Developments 2021

## Cooperation with the HAS in Haiti: Corona pandemic

Haiti also continues to struggle with the corona pandemic and rising numbers - it is one of the last countries to be equipped with the vaccine Moderna through international aid. The first vaccination campaign from September to October 2021 was a success: 7,449 doses were delivered in 23 days.



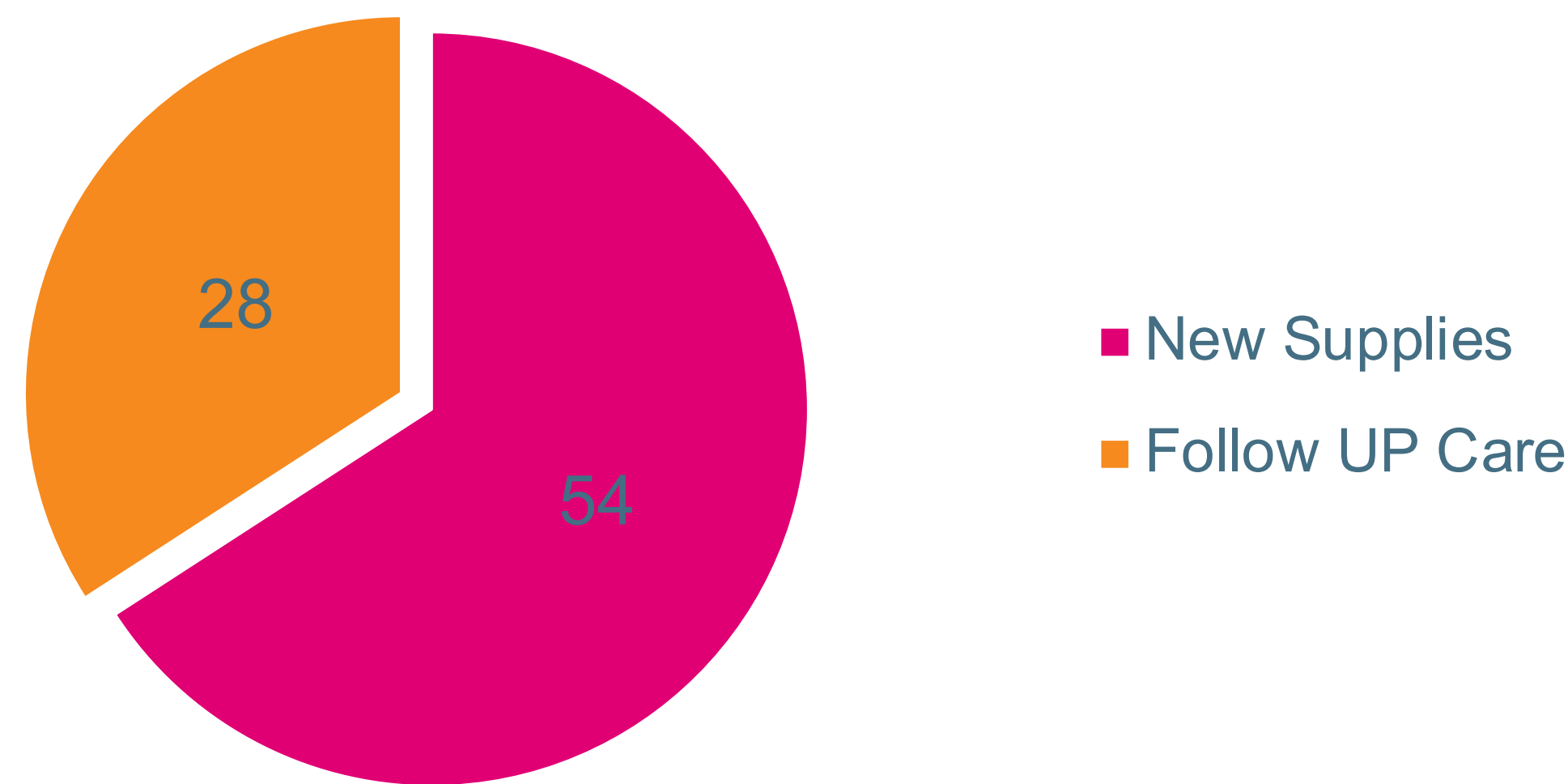


# HAS Haiti: Operative Results 2021



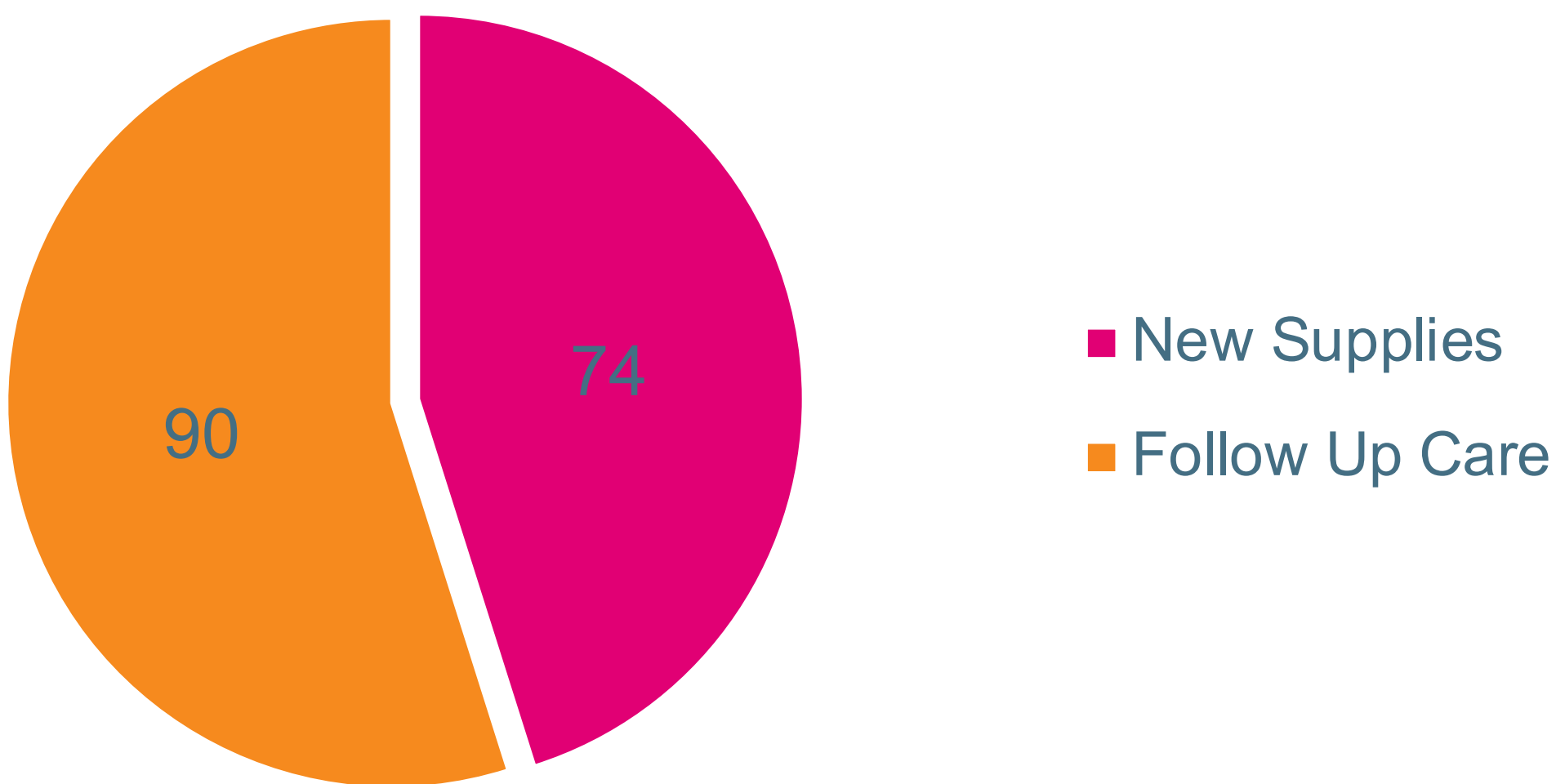
A total of 246 patients were treated in 2021.  
The focus was on orthotic care.

Prosthetics



Total: 82

Orthotics



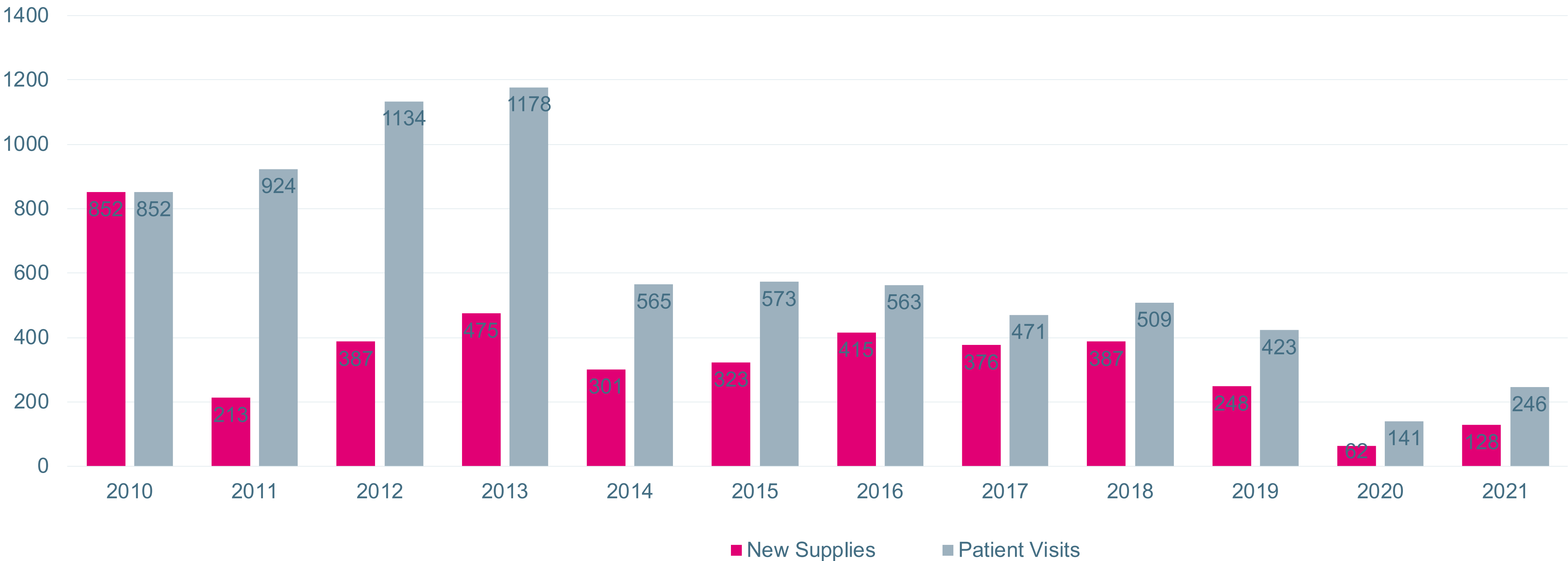
Total: 164



# HAS Haiti: Operative Results 2010 - 2021



Since the start of the cooperation in 2010, a total of 7,579 patient visits have been made and 4,167 new fittings recorded.





# Developments 2021 – Support for medi for help



## Charity game in the Basketball Bundesliga (BBL): medi bayreuth donates revenue to medi for help

A strong campaign: In December 2021, a charity game between medi bayreuth and Telekom Baskets Bonn took place in the BBL. The Bayreuth Bundesliga team appeared in jerseys and pants with the medi for help logo. 100% of the proceeds from the subsequent signed jerseys auction on ebay were donated to medi for help. Before Christmas, the professional athletes also raffled off advent calendars. A total of 1,250 euros was raised for medi for help!

**We would like to thank the guys from medi bayreuth for their great commitment!**





# Developments 2021 – Support for medi for help



## Charity Run Copenhagen

A medi for help donation marathon was held in November 2021 as part of the 10th International Lymphoedema Framework Congress (ILF) in Copenhagen.

**We would like to thank all active participants for taking part and for the donations we raised together!**





The crisis situations on site confronted us with particular challenges in 2021. In order to continue to improve the living conditions of the people and to enable them to receive important medical care, we depend on your support. Give a smile and more hope - with your donation!

**Thanks for your support!**