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### Give a smile – Developments 2022





#### medi for help is expanding its commitment

Starting from prosthetic and orthopedic aids support in Haiti, we have shifted our focus to the treatment of serious diseases of the lymphatic system that allows for more of a global impact.

These diseases can have organic causes, such as parasites in lymphatic filariasis or high concentrations of silica in the soil in podoconiosis – both tropical diseases caused by poverty.

We have expanded our global projects in 2022 beyond Haiti and India to include new initiatives in Rwanda, USA, and localized programs.

#### medi for help meets Brylan's Feat Foundation

Two initiatives; one mission: to give new hope and a smile to socially disadvantaged people without sufficient access to medical care. This is why medi for help has now worked with the Brylan's Feat Foundation in the USA for the first time.

The foundation helps financially needy families of children with lymphedema. This chronic disease not only affects the children as patients, but the entire family.

This is where the Brylan's Feat Foundation comes in: It supports pediatric lymphedema patients and their families with necessary treatments and therapy, provides education and encourages and supports those affected and their families - with medi for help as a strong partner.



# Brylan's Feat, Foundation

Carsten Stauf

#### **Insights into Camp WatchMe**

medi for help supported Brylan's Feat Foundation's Camp WatchMe in 2022 by providing new custom compression garments for all participating children.

The camp, which was held for the third time, is aimed at children aged five to 17 with lymphedema and their families. The focus is on education and training for the entire family so that the children can live happy and productive lives. Additionally, the campers develop friendships with others who share similar challenges, forming life-long relationships. And best of all: The offer is free for children plus one parent.

Also read the report "Camp WatchMe"<sup>1</sup>









#### **Insights into Camp WatchMe**

As a representative of medi for help, Christopher Miles took the measurements of the children at the camp using the medi vision scan system and was thus able to adjust 46 different fittings in just one day.

*"Children with primary lymphedema or their parents"* rarely have contact with other affected people in everyday life. They are often very isolated. I can only imagine how much additional stress this puts on one when dealing with lymphedema. But at camp, everyone can interact, play and just be kids while the parents build on the network and support."

Christopher Miles (Wound Care Director medi USA)







#### Insights into Camp WatchMe

The camp is special because it brings together different parties who help in the education and training of the families.

Erik Berens attended Camp WatchMe as a supporter of the medi for help foundation and aptly summarizes that medical compression clothing is just the cherry on the sundae:

"The real benefit of Camp WatchMe is the education and training at a high level, from which the children and their parents' benefit. I hope that with my knowledge of the regional market environment I was able to help the local families to successfully continue the supply at home."

Erik Berens (Director Sales & Marketing medi USA)





# India: Institute of Applied Dermatology (IAD)

### **Our project with the IAD – Developments 2022**











With the help of the financial support from medi for help, the non-profit research institute IAD was able to master the special requirements during the corona virus pandemic.

Further deliveries of circaid products also made it possible for patients without access to the healthcare system to receive cost-neutral treatment. The adjustable compression systems are intended for the decongestion of severe cases of lymphatic filariasis.

A total of 102 treatments for lymphatic filariasis were conducted last year.

# India: Institute of Applied Dermatology (IAD)

### **Our project with the IAD – Developments 2022**



Machine for pulverization

The production of herbal medicines has expanded: the IAD has opened its own facility for the production of Ayurveda medicines, which are needed to treat filariasis patients.

The necessary equipment has been installed and operates under the supervision of the IAD's Ayurveda department.





Building plot for accommodation

Filariasis patients must continue to fight against stigma in society. As a result, they often have difficulty finding accommodation for their treatment.

This year, the IAD acquired a plot of land behind the existing premises with planned construction of a facility for the stay of patients who must travel long distances.





### Haiti: Cooperation with Hôpital Albert Schweitzer (HAS)

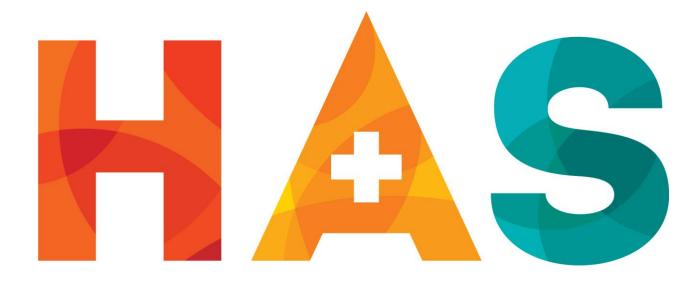
#### **Security crisis continues to worsen:**

- Widespread unrest and violence across Haiti
- Road closures, burning tires, sometimes gunfire
- Inflation up more than 30 percent year-on-year
- Hospitals are forced to close or limit their services due to safety concerns
- No more fuel and almost no internet

The HAS is cut off from receiving any deliveries. The only source of energy is the solar power which limits production for daytime only ..... when the sun is out!

The team is forced to use flashlights to provide basic care and deliver supplies.





### HÔPITAL ALBERT SCHWEITZER ΗΑΙΤΙ



**Carsten Stauf** 





## Haiti: Cooperation with Hôpital Albert Schweitzer (HAS)

### Medical care in the HAS - an energetic hospital in a difficult country

The cholera epidemic in Haiti has reached the HAS. In October 2022, patients with the serious infectious disease were confirmed present here and the cholera center reopened. There will surely be many more to come.

The low inventory of vital medicines and consumables is extremely critical. The capital Port-au-Prince's ports are completely cut off and all major international shipping companies have suspended deliveries to Haiti. As a result, there is a risk of an even greater shortage of medical supplies and food.



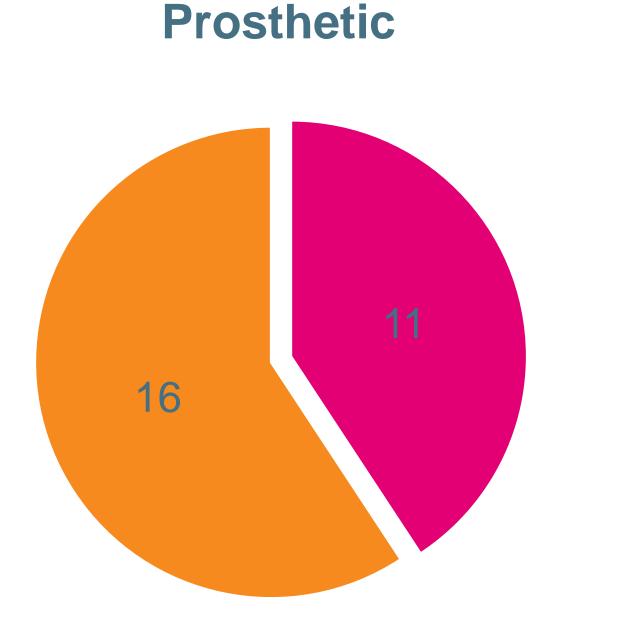
"But there's no question that we're doing absolutely everything in our power to keep going." Jean Marc de Matteis, Chief Executive Officer HAS Haiti



### HAS Haiti - Operative Results 2022

A total of 178 patients were treated this year

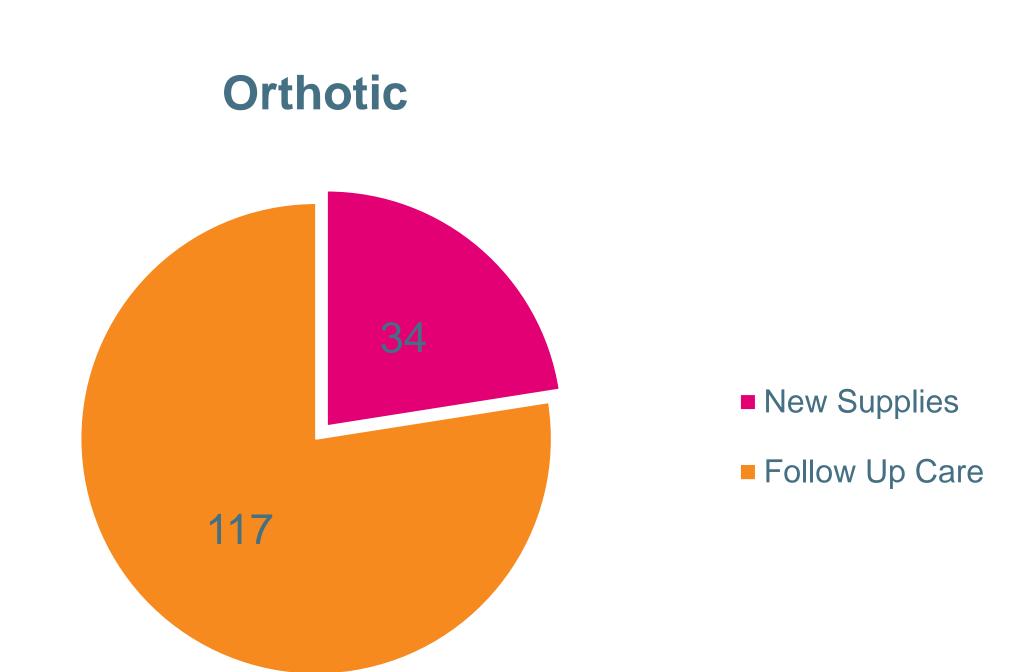
Current and future care focus: Individual orthotic care





Follow Up Care





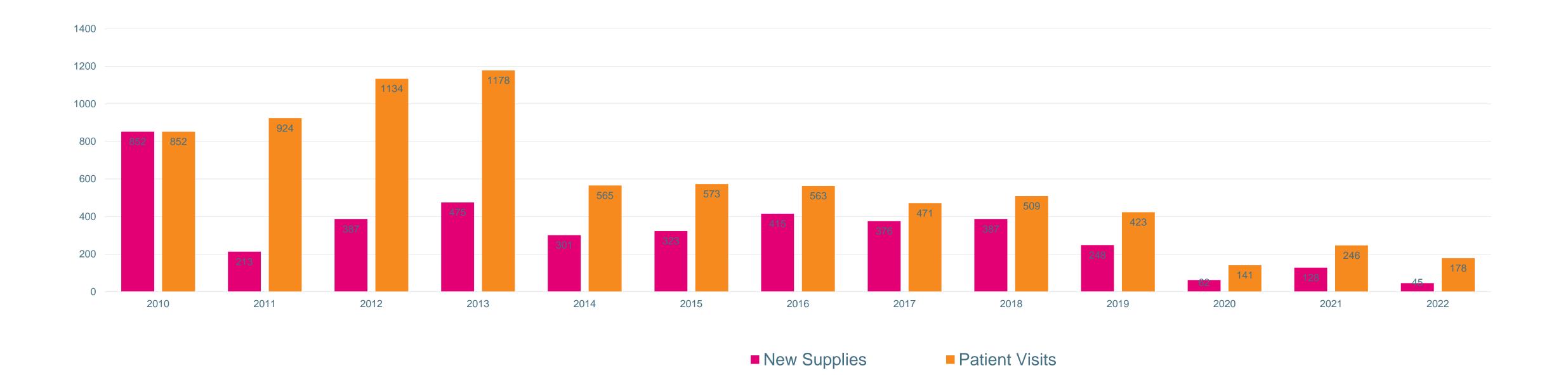


Total: 27

### HAS Haiti - Operative Results 2010 - 2022

Since the start of the cooperation in 2010, a total of 7,757 patient visits have been made and 4,211 new fittings recorded.

The supply figures are falling continuously due to the urgently needed deliveries of consumables that have been held in the bonded warehouse for months, despite the growing demand.







### Rwanda: Podokoniosis - a new challenge

#### On a reconnaissance trip in East African Rwanda, medi for help takes on another task





At the beginning of November 2022, the medi for help team went to Rwanda together with the organization Heart and Sole Africa (HASA) to help people with podoconiosis (podo). The chronic tropical disease is considered a non-contagious type of elephantiasis and is also known as non-filarious lymphedema. In the northern province of Rwanda, podo is increasingly triggered by high concentrations of silica in the soil. People who walk barefoot on the volcanic clay soil are chronically exposed to the silicates which are particularly affected.

During our trip, we supported HASA by providing the necessary compression products from medi and trained the local nursing staff. The goal being gaining trust and educating about Podo disease and how it is contracted. We are currently evaluating longterm compression therapies, possible partnerships and other procedures on site.













### Support for the aid organization medi for help

### Charity game 2022 in the Basketball BBL: medi bayreuth donates proceeds to medi for help

After the traditional charity game in December 2021 took place without an audience due to Corona requirements, the professional athletes and project managers were even more motivated this time - with success!

The club collected 6,500 euros for medi for help. The sum is made up of ten percent of the ticket and merchandising income from the match day and an auction of the medi bayreuth Christmas jersey – in which the club has now played for the ninth time.

We would like to thank the medi bayreuth fans and the team for their commitment and long-term support!



















Give a smile