



medi for help – Annual Report 2024



Give a smile

This is our "Give a smile" champion 2024: Kyle doesn't let his lymphedema get him down and gives us his best smile at this year's Camp Watchme!

We want to give joy and help wherever in the world our support is needed. This is possible with the help of your generous donations - thank you for being part of medi for help!

Let's look back at our 2024 journey with medi for help.

Your medi for help Team

Camp Watchme

Support for young lymphedema patients ❤️

Enjoying life as a carefree child is not a given in the everyday lives of children living with lymphedema. The Brylan's Feat Foundation's Camp Watchme held in the Rocky Mountains (USA) makes exactly that possible: the two-week camp brings 5 to 17-year-olds and their families together with experts and other affected children.

The camp offers informational care, individual therapy and shared experiences in a relaxed, summer camp atmosphere.



medi
for help



medi for help x Camp Watchme



medi for help acts to educate and influence lymphedema readiness and management

medi for help sees itself as an entity to educate young patients and their parents on proper lymphedema maintenance and care. The nonprofit organization is supporting the camp for the third period. "It is important to give children the best possible basis for dealing with lymphedema in everyday life - both from a medical and psychosocial perspective. The intention of Camp Watchme touches us - and we think education on site is beneficial. It gives the children and their families building blocks for the remainder of their lives", say Daniela Weihermüller and Carsten Stauf, Team medi for help.

medi for help x Camp Watchme



Camp WatchMe volunteers / patients Nicole Faccio and Dominique Rogers give heartfelt testimonials of their time at the camp.

In December 2024, Nicole Faccio (pictured right, front) visited medical device manufacturer medi as part of an event for bloggers where she talked about her camp experience.



"The camp is a great experience for all participants - there is a unique sense of community there. The kids can deal with their lymphedema and medical compression all day long in a carefree way, as they all have the same condition and struggle with similar challenges. We were able to show the children honestly and directly what it is like to grow up with lymphedema and what everyday life is like as an adult with the condition. I think and hope that this has encouraged many.

I wish I had had the opportunity as a child!"

medi for help x Camp Watchme



Images: © Dominique Rogers

Dominique Rogers (left, center) shares his positive experiences like Nicole:

"The kids can just be kids, have a good time and don't have to worry about what others say or think. I was allowed to go hiking with the kids and it was so much fun! We enjoyed the magnificent view, the kids could play freely in the water – and at the same time the exercise was good for our lymphedema, a real win-win situation!"

The laid-back atmosphere also offers free education – group sessions provide information and treatment options, along with emotional support. Families are able to witness firsthand their children's joy and how much fun they're able to have while at camp.

PNG Angels: New project in Papua New Guinea



Image: © PNG Angels

Helping socially disadvantaged people in emergency situations and improving their lives in the long term: This basic idea unites medi for help and the non-profit organization PNG Angels (based in Australia).

This is the mission of PNG Angels: volunteer medical teams travel to Papua New Guinea several times a year to perform lifesaving head and spinal operations. The non-profit organization is dependent on support.

To support the work of PNG Angels in Papua New Guinea, medi for help, together with medi Australia, donated 110 lumbar and back orthoses for medical care.

PNG Angels: New project in Papua New Guinea



In addition to medical treatment, the focus is on sustainable care: the employees train local healthcare providers in Papua New Guinea to enable long-term treatment of patients - even when PNG Angels is no longer actively on site.

One example: a patient received a medi back orthosis by airmail for conservative treatment. A video call with PNG Angels enabled the medical staff on site to provide the product.

Image: © PNG Angels

PNG Angels: New project in Papua New Guinea

medi
for help



About PNG Angels

- Highly qualified medical teams from Australia provide children and young adults in Papua New Guinea with access to life-saving specialized surgery
- The focus is on training local staff in neurosurgical care

medi for help support

- Product donations: Lumbar and back orthoses from medi
- Follow-up care after spinal surgery
- Support for patients for whom immediate surgery is not possible



Nicaragua: „Amigos de Salud” program at the Fara Clinic



The aid program initiated by the Fara Foundation (a non-profit organization based in Texas) is dedicated to providing free treatment for people with vascular diseases in Matagalpa, Nicaragua.

medi for help provides support on site with supplies and volunteers - most recently again in July 2024.

Nicaragua: „Amigos de Salud” program at the Fara Clinic



This is what Amigos de Salud is doing at the Fara Clinic: In 2024, volunteers traveled to Nicaragua for the second year in a row to show their full commitment on site and treat a total of 453 patients.

On some days, the 21 volunteers worked there for more than 12 hours.

Nicaragua: „Amigos de Salud” program at the Fara Clinic

Christopher Miles (medi USA) was there as a medi for help representative and reported on his experience.

As endovascular treatment of the lower extremities is only offered once a year at the clinic and registrations start a year in advance, this week in July was something very special. For the participants, some of whom were supporting for the second time, it was a great pleasure and an adventure to be able to lend a hand to the clinic in Matagalpa.

Without the Fara Clinic, many medical services could not be provided for the disenfranchised population in the region.



Nicaragua: „Amigos de Salud” program at the Fara Clinic



Commitment and support

- 21 volunteer doctors and therapists from different countries come together for a week at the Fara Clinic in Matagalpa
- Treatment of 453 patients within one week
- Endovascular surgery of the lower extremities and aftercare with medical compression
- Patients wait for treatment a year in advance
- Christopher Miles from medi USA was on site for a week and supported the post-operative care
- Product donations of medi products from the Compression and Woundcare divisions

HAS in Haiti – medi for help orthopedic workshop



We began our medi for help activities in Haiti in 2010 and continue to provide support today - despite the political unrest and associated challenges.

In 2024, for example, we were able to help the patient Jhon Peter (photo). He suffers from bilateral clubfoot. Early intervention is important for this condition.

Our local P&O Clinic manager, Fabiola Jean Pierre, therefore fitted him with an ankle-foot orthosis to counteract any deterioration.

Orthopedic care center at the HAS in Haiti: A look back from 2010 to 2024



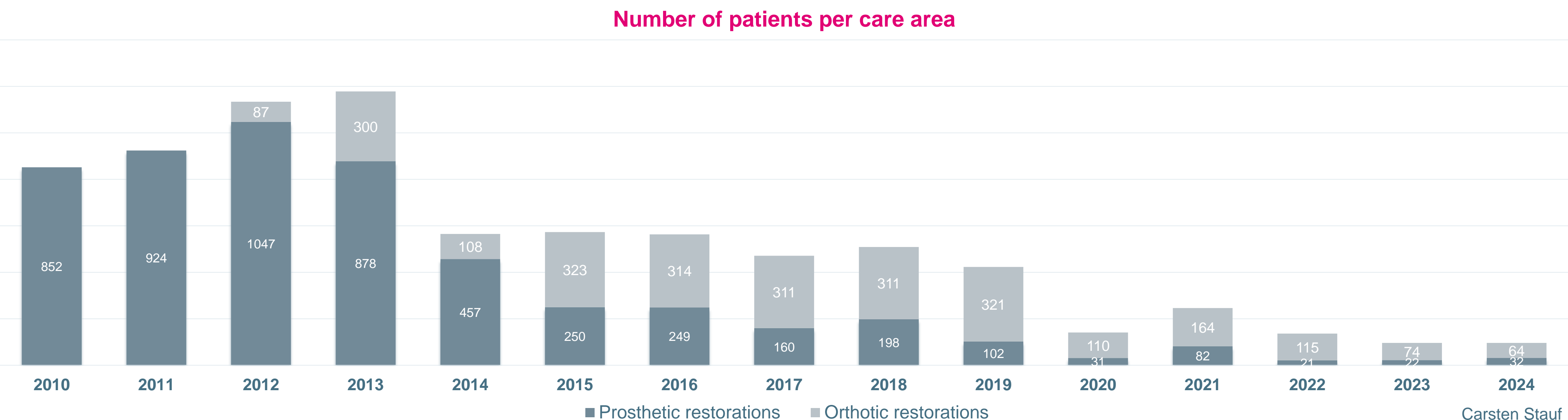
96 treatments in 2024 with a focus on pediatric injuries

Outlook:

A new surgical orthopedic surgeon from Haiti will oversee the work at the medi P&O Clinic in future. Interviews are also underway for an additional physiotherapist to support the medi for help team.

The treatments carried out so far in 2024 under the direction of Fabiola Jean Pierre and her team are on schedule.

A new delivery of materials has been on the way since August 2024 (as of March 2025)



Heart & Sole Africa: „Fight and eradicate Podo in Ruanda!“



Image: © Tom Zee

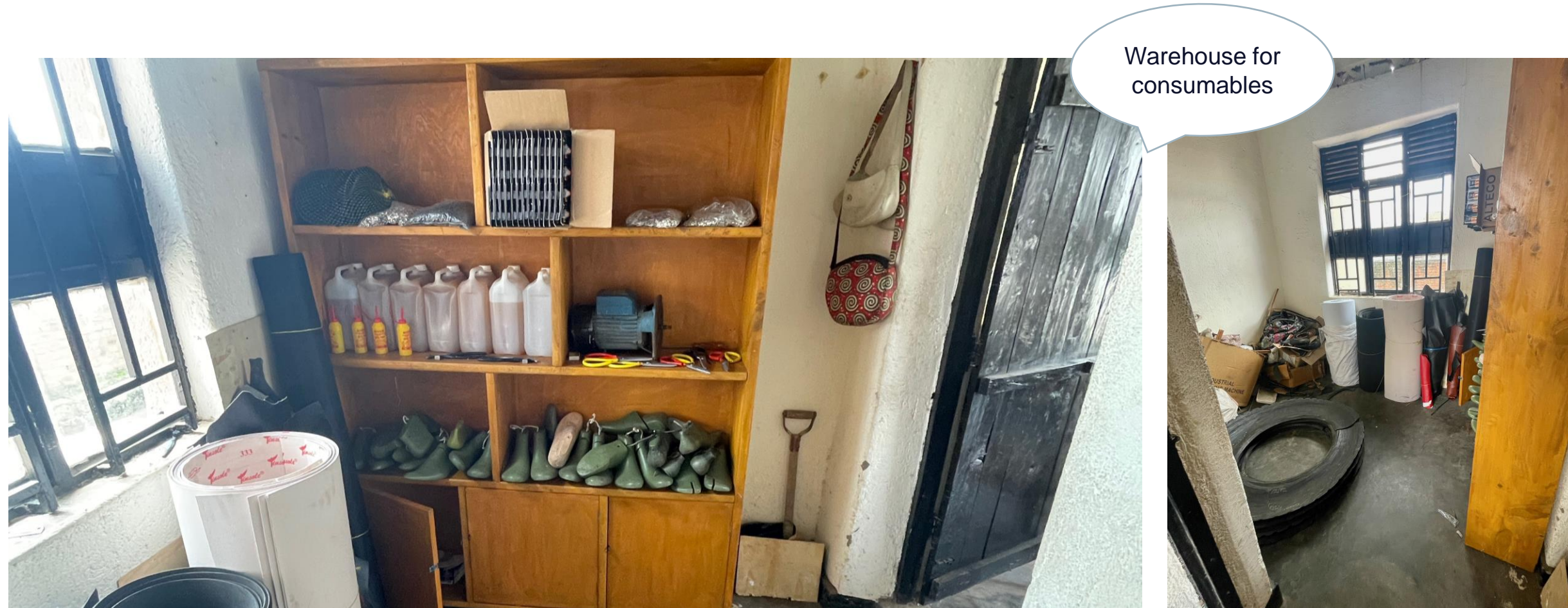
Update and activities

We would like to educate people about the disease podoconiosis and provide holistic support for those affected. In addition to hygiene management and wound care, the treatment of all patients requires multi-stage, permanent compression of the lower extremities. To this end, we set up a comprehensive compression management system on site.

At the beginning of 2024, we therefore continued with the expansion and equipping of a new shoe workshop in Musanze. In August 2024, Tom Zee (physiotherapist and lymph therapist from the medi for help network) visited the workshop on site and conducted training sessions for the employees in the HASA Podo Centers. He also handed over further donations of the product line circaid® from medi.

Our new local Compression Manager, Jean Paul, looks after our patients and has already established new processes, documentation and monitoring.

Expansion and equipping of the shoe workshop in Musanze



Support for regional initiatives – Pink Run



Image: © www.medi.de

Pink Run 2024:

For every kilometer run - individually or in a group - during the four-week campaign period, we donated one euro to SenoCura e. V., a Bayreuth association that supports the interests of breast cancer patients.

The aim of the "Pink Run" was to run a total of 9,460 kilometers (mean value of breast cancer incidences in the city and district of Bayreuth in 2019 x 100), so that a maximum donation sum of 9,460.00 euros could be achieved.

Our target of **9,460 kilometers** was exceeded by far, with a total of 227 participants running **34,500 kilometers**.

Support for regional initiatives – Pink Run



Image: © Landratsamt Bayreuth

Prof. Dr. Christoph Mundhenke, 1st Chairman of SenoCura (left in picture, right: Carsten Stauf from medi for help) reports:

"For many years, we have been committed to breaking down taboos and providing those affected, their relatives and doctors with as much information and support as possible.

All help, whether financial, such as donations or voluntary work, is welcome. Together we are strong against breast cancer!"



Thank you for your support!